



Fair Oaks Jr. NFL Flag Football Coach Volunteer Job Description

Description

Instruct and teach the fundamentals and skills needed to play the game of football. Responsible for the children on his/her team and the organization of team practices. Serve as a role model for good sportsmanship and provide a safe, fun, and comfortable environment that generate positive experiences for the participants. Teams consist of ages: 5-7yrs, 8-10yrs, and 11-14yrs.

Hours

Approximately 2-6 hours a week for practices and games from mid-August thru November

Essential Functions

- Provide a safe environment for the children
- Teaches sportsmanship to all participants
- Responsible for teaching the basic fundamentals and skills needed to play football
- Organize equal playing time for all participants
- Put feelings of the players ahead of your desire to win
- Communicates effectively with the parents regarding practice times, game times, cancellations and all other pertinent information regarding the team
- Maintains self-control and exhibits good sportsmanship and conduct toward official, players and opposing players and coaches.

Physical Demands

- Physically active including but not limited to running, throwing, catching, and lifting.
- Frequently required to walk, run, throw and catch a football, stand for long periods of time, reach, kneel, squat, sit, and bend while monitoring children and participating in football activities.
- Ability to bend and stoop down to a child's eye level
- Lift and carry up to 20 pounds

Working Conditions

Outdoor recreational facilities; frequent public contact; exposure to sun, heat and inclement weather.

Experience

- Head coaches and assistant coaches must be at least 18 years of age. Coaching apprentices may be of high school age.
- Basic knowledge of football skills and rules.
- A great interest in working with children and helping them develop good character and self-esteem.

Training and Resources

- Coaches will be provided a binder with rules, tip, sample playbooks and other related documents and guides to ensure successful coaching.
- Coaches will receive a free membership to USA Football that grant them access to online coaching resources.

Volunteer Incentive

- Head coaches receive a free registration for one child in the program.
- Assistant coaches receive half off of the regular registration price. *Only one assistant coach per team is eligible for the discount.*

To Apply

- Complete and submit signed Job Description Volunteer Application and Questionnaire
- Volunteer Interview (phone or in person)
- Complete Live Scan – *Information provided after Application and Questionnaire is received.*

By signing below I am verifying that I understand the expectations and desired results of the program.

Name: _____ Signature: _____ Date: _____